

THE HEIGHTS

Dinners

All served with mixed green salad. Other salads available for a small upcharge.

Boneless Southern Fried Chicken w. Garlic Mashed & Caramelized Onion Gravy 15⁷⁵

Grilled Chicken Kebobs w. Grilled Vegetables, Rice & Roasted Red Pepper Sauce 13⁹⁵

————— ✦ ✦ —————

Classic Meatloaf w. Garlic Mashed & Caramelized Onion Gravy 13⁹⁵

Skirt Steak in Mojo w. Plantains, Asparagus & Chimichurri 18⁹⁵

————— ✦ ✦ —————

↪ Fish & Chips, Tilapia & Hand Cut Fries w. Lime-Cilantro Tartar Sauce 15⁹⁵

↪ Grilled Salmon w. Garlic Mashed or Rice & Roasted Tomato Sauce 18⁵⁰

Pan-Sautéed Lump Crab Cakes w. Fries or Slaw & Lime-Cilantro Tartar Sauce 18⁹⁵

————— ✦ ✦ —————

*Grilled Tofu & Mixed Vegetables w. Garlic Broccoli & Sun-Dried Tomato Pesto 12⁹⁵

Blacken any protein, 1.50

Light Fare

Add a cup of soup or mixed green salad, \$2²⁵

↪ Steamed Mussels in Garlic & Wine w. Fries & Aioli 13⁵⁰

Crab & Shrimp Mac 'n Cheese 14⁹⁵

Spinach & Goat Cheese Quiche w. Green Salad 9⁹⁵

Skirt Steak & Eggs w. Hand Cut Fries 10⁹⁵

*Cheese Omelet w. Hand Cut Fries (Add Bacon or Avocado, \$.75) 9⁵⁰

*Indicates Vegetarian Item

The Heights serves only local and all-natural steak, poultry and dairy products; as well as local produce when in season and filtered water.

Weekday Lunch, Noon - 5 pm • Daily Happy Hour, 4 - 7 pm • Sat, Sun & Holiday Brunch, 9 am - 4 pm
children's menu available • please inform your server of any food allergies

18% gratuity will be added to parties of 9 or more • limit 3 credit cards per table

Starters

Buffalo Wings w. Blue Cheese Dressing sm 7⁹⁵ lg 10⁹⁵

Buffalo Chicken Sliders w. Onions & Provolone 7⁹⁵



*Crispy Green Beans w. Horseradish Aioli 5⁹⁵

*Garlic Hummus w. Pita 5²⁵

*Sun-Dried Tomato Hummus 5⁵⁰

*Guacamole & Salsa w. Chips 4⁹⁵

*Hummus Platter (both flavors) w. Onions, Tomatoes, Olives & Pita 8⁹⁵

*Portabellas Grilled & Stuffed w. Sun-Dried Tomato Pesto & Feta 7⁹⁵

*Nachos w. Black Beans & Cheese (Add Chicken \$2 or Chili \$3) 7⁹⁵

*Fried Green Tomatoes w. Peach Relish 6⁹⁵

*Cheese Quesadilla w. Salsa & Sour Cream 6⁵⁰

With Chicken...7⁵⁰

*Spinach & Goat Cheese...7⁹⁵

Extras: Guacamole, 2.00...Salsa, Pita or Chips, 1.50



Ginger Calamari, Flash Fried sm 7⁹⁵ lg 14⁹⁵

Fried Calamari w. Marinara sm 7⁷⁵ lg 14²⁵

↪ Steamed Mussels in Creamy Garlic & Wine 7⁹⁵

↪ Buffalo Shrimp w. Blue Cheese Sauce sm 8⁷⁵ lg 12⁷⁵

Lump Crab Cake, Pan Sautéed 8⁹⁵

Salads & Soups

*Mixed Greens & Jicama w. Orange Vinaigrette 4²⁵

Caesar Salad w. Homemade Croutons 4⁹⁵

*Spinach Salad w. Goat Cheese, Walnuts & Orange Vinaigrette 7⁹⁵

Iceberg Wedge w. Blue Cheese & Bacon 7⁷⁵

*Grilled Romaine w. Blue Cheese, Tomato & Olive Vinaigrette 7⁹⁵

*Arugula "Greek" Salad w. Feta & Herb Vinaigrette 7⁷⁵

To any salad: Add Chicken \$3, Salmon \$5, Shrimp \$5, Tofu \$3

*Gazpacho 3⁵⁰ / 5²⁵ Chicken Tortilla 3⁷⁵ / 5⁵⁰ Beef Chili 3⁷⁵ / 5⁵⁰



Indicates item sourced from sustainable fisheries.

COMBO: Any Sandwich or Lunch Salad w/ Cup of Soup or Green Salad & Soft Drink...\$11⁹⁵

Crab Cake BLT, Crab Cake Salad, Steak Salad, Heights Burger...add 1.00

Burgers

- Grilled Burger (9 oz) (Add Cheese, Bacon or Avocado \$.75) 9⁹⁵
- The "New" Circle Burger w. Provolone, Grilled Onions & Sautéed Mushrooms 10²⁵
- Heights Burger (12 oz) Stuffed w. Swiss & Cheddar; Topped w. Caramelized Onions 12⁹⁵
- Grilled Turkey Burger w. Roasted Red Pepper Relish 9⁹⁵
- Grilled Salmon Burger w. Lime-Cilantro Tartar Sauce 9⁹⁵
- *Grilled Veggie Burger (Add Cheese or Avocado \$.75) 8⁷⁵

Sandwiches

- Blackened Chicken w. Sun-Dried Tomato Pesto & Horseradish Aioli 9⁹⁵
- *Portabella & Eggplant w. Feta Cheese & Sun-Dried Tomato Pesto 9⁷⁵
- Crab Cake BLT w. Provolone 11⁵⁰
- Shrimp Po'Boy w. Cole Slaw & Chipotle Mayo 9⁷⁵
- ↪ Fried Tilapia BLT w. Lime-Cilantro Tartar Sauce 9⁷⁵
- Grilled Cheeses on Challah w. Bacon, Tomatoes & Horseradish Mayo 8⁹⁵
- Chipotle Fried Chicken w. Bacon & Swiss 9⁹⁵
- ↪ Fried Fish Tacos w. Guacamole, Salsa & Sour Cream 8⁹⁵

All burgers & sandwiches served with Hand Cut Fries or Cole Slaw

Salads

- Big Chopped w. Grilled Chicken & Szechwan Vinaigrette 9⁹⁵
(Sub Salmon or Shrimp, \$4; Sub Tofu, No Charge; Available Vegetarian)
- Buffalo Chicken w. House-Made Blue Cheese Dressing 9⁵⁰
- Blackened Crab Cake w. Orange Vinaigrette 11⁵⁰
- Grilled Steak w. Potatoes & House-Made Blue Cheese Dressing 10⁹⁵
- Blackened Chicken Caesar 9⁹⁵

Sides

- Hand Cut Fries / Garlic Mashed...3²⁵ Jasmine Rice...2²⁵
- Sautéed Spinach / Grilled Vegetables / Garlic Broccoli / Grilled Asparagus...3⁵⁰
- Sautéed Mushrooms / Saffron Orzo...3⁷⁵

All sides above vegetarian. Choose 3 from above, 11⁵⁰ (Includes green salad)

Chili Cheese Fries...4⁹⁵

Crab & Shrimp Mac 'n Cheese...5⁹⁵